

## Spirit Authors Course Outline

### ~ Module 1 ~

<b>Module</b>	<b>Mod 1</b>
<b>Title</b>	<b>Starting and Writing Your Book</b>
<b>Who is it for?</b>	Anyone who has not yet started their book, or who is in the early to mid stages of writing it, but seek support to get it finished.
<b>Duration</b>	8 Weeks
<b>Aims</b>	To give you strategies for getting started, staying focused and motivated as you write your book, and to help you discover and develop your personal style so you can finish a truly satisfying manuscript.
<b>Objectives</b>	By the end of this module, you will be able to: <ul style="list-style-type: none"> <li>• Explain and believe in the purpose of your book</li> <li>• Turn your seed idea into a full concept for a book</li> <li>• Create a book outline and word count target</li> <li>• Create a project timeline and deadline to keep you on track</li> <li>• Identify typical blocks to the creative process</li> <li>• Develop strategies to unlock your own creative process</li> <li>• Know how and when to ask for feedback and use it effectively</li> <li>• Harness your self-confidence, organisation and self-motivation to complete your book project</li> </ul>
<b>Weekly Lesson Content</b>	<ul style="list-style-type: none"> <li>• <b>Week 1:</b> Identifying why your book must be written</li> <li>• <b>Week 2:</b> Designing the structure of your book</li> <li>• <b>Week 3:</b> Developing your personal writing practice</li> <li>• <b>Week 4:</b> Setting and tracking your targets and deadlines</li> <li>• <b>Week 5:</b> Knowing what blocks your progress</li> <li>• <b>Week 6:</b> Exploring and expanding your creative process</li> <li>• <b>Week 7:</b> How, when and why to get feedback and help</li> <li>• <b>Week 8:</b> Moving towards your final draft</li> </ul>
<b>Downloadable Content</b>	<ul style="list-style-type: none"> <li>• PDFs of all lessons</li> <li>• MP3s of all lessons</li> <li>• PDF Workbooks to help you move through the lessons</li> <li>• Templates when applicable to help you work more efficiently*</li> <li>• MP3s of monthly calls*</li> </ul>
<b>Community*</b>	<ul style="list-style-type: none"> <li>• Access to Online Community</li> <li>• Get peer support to help achieve your goals</li> <li>• Get feedback on your manuscript and other work by peers</li> <li>• Special Q&amp;A section to post your questions</li> <li>• Interact directly with Lynn online</li> </ul>
<b>Calls*</b>	1 live call per month (downloads available to members only)
<b>Rewards*</b>	SPECIAL GIFT for those who demonstrate completion of all weekly challenges within 2 weeks of finishing the module.
<b>Bonuses*</b>	Discounts and other unplanned special bonuses will be revealed as you go along.
<b>Notes:</b>	Items marked with an asterisk (*) are NOT available during a "Test Drive", but will be available if/when you register for the Module.

**To register for Spirit Authors Module 1, go to:**

<http://spiritauthors.com/register-module-1>